

CV of Dr Rajan (Taj) Nathan

MB, BCh, MSt [Oxon], MMedSc, MD, DFBSc, FRCPsych

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CURRENT ROLES

- 2001 - Consultant Forensic Psychiatrist (Cheshire Wirral Partnership NHS Foundation Trust)
- 2015 - Visiting Professor (University of Chester)
- 2018 - Adjunct Professor (Liverpool John Moores University)
- 2021 - Partner co-lead (Patient-Centred Complex Care Theme, ARC NWC)
- 2024 - Consulting editor of Medicine Science and the Law

PREVIOUS LEADERSHIP/ACADEMIC ROLES

- 2019-24 Specialty Research Lead & Clinical Lead (CRN NWC, NiHR)
- 2005-23 Honorary Senior Research Fellow (University of Liverpool)
- 2021-23 Philosophy SIG exec. board member (Royal College of Psych.)
- 2016-23 Director of Research (CWP NHSF Trust)
- 2009-15 Lead Consultant & Clinical Director (Mersey Care NHSFT)
- 2002-05 Post-Doctoral Research Fellow (University of Liverpool)

PREVIOUS CLINICAL ROLES

- 1997-01 Specialist registrar (Adult & Forensic Psychiatry) (Merseyside)
- 1992-97 Senior House Officer/Registrar (Psychiatry) (Yorkshire)
- 1991-92 House Officer, University Hospital of Wales & E. Glamorgan DGH

QUALIFICATIONS

- 2025 University of Oxford - Master of Studies in Historical Studies (*distinction*) (MSt) includes PGCert (*distinction*) (2022)
- 2007 University of Liverpool - Research Doctorate in Medicine (MD)
- 1999 University of Liverpool - Diploma in Forensic Behavioural Science (DFSc)
- 1997 University of Leeds - Masters in Medical Science (MMedSc)
- 1996 Royal College of Psychiatrists - Member (MRCPsych, London) – elected Fellow in 2026
- 1991 University of Wales College of Medicine - Bachelors in Medicine and Surgery (MB BCh)
- 1975-86 Ruthin School - 11 O-levels, 3 A-levels (A,A,A)

CURRENT CLINICAL WORK:

- Consultation to an NHS specialist risk assessment service
- Consultation to an NHS 18-25 transition service

CURRENT ACADEMIC WORK

- Co-editor of, and co-author of several chapters in, the forthcoming 3rd edition of *Rix's Expert Psychiatric Evidence* (Cambridge University Press)
- Lead author on manuscripts on (i) conceptual analysis of risk as used in psychiatric practice, and (ii) managing unintended consequence of introducing policy change in NHS mental health services

- Ongoing empirical studies relating to clinical and risk practice and safety in mental health service systems

CURRENT MEDICOLEGAL WORK

- Provision of expert evidence in a wide range of legal arenas (including criminal proceedings, family court proceedings, civil proceedings, coroners inquests, parole hearings, mental health review tribunals)
- Developing advancing training for psychiatric experts in Family Court proceedings

DOCTORATE CO-SUPERVISION

- University of Liverpool (DClinPsych) (Psychological processes & violence) (completed 2023)
- University of Manchester (PhD) (Patient safety strategies) (completed 2024)
- Liverpool John Moores University (PhD) (Suicidal crisis) (completed 2024)
- Liverpool John Moores University (PhD) (Patient pathways) (ongoing)
- Liverpool John Moores University (PhD) (Ethnicity and psychosis) (ongoing)

DOCTORATE EXAMINATION

- PhD: Queen Mary University of London (ASD and forensic mental health) (2024)

POST-DOCTORAL CO-SUPERVISION

- Clinical mentor for NIHR Advanced Fellowship (Emergency Department Coding Practices for People in Suicidal Crisis) (Jan 2026 -)

AWARDS

- 2024 - Reviewer Recognition Winner (*BJPsych Advances*, Royal College of Psych. publishing)
- 2023 - Psychiatric Team of the Year: Working-age Adults (Royal College of Psych.) (research contribution)
- 2018 - Outstanding contribution to research and innovation (CWP & Health Innovation NWC)
- 2018 - Essay Prize winner (John Murray Publishers & *The Spectator Magazine*)

PUBLICATIONS

- Knowing the unknown: a comparison of characteristics of patients requiring hospital admission both known and unknown to community mental health services (*Journal article*) Johnston J, **Nathan R**, Hales G, Nall-Evans S Wilson P. (2026), *Mental Health Review Journal*, (in press)
- Violence risk assessment and management with the HCR-20 in real-world clinical practice: a qualitative interview study (*Journal article*) Challinor A, Sadiku O, Shittu B, Carlisle J, Robinson L & **Nathan R** (2026) *The Journal of Forensic Psychiatry & Psychology*, 1–23. <https://doi.org/10.1080/14789949.2026.2628847>
- Suicide: Self-harm (*Book chapter*) **Nathan R** (2025) In, *Encyclopedia of Forensic and Legal Medicine* 3rd Edition, ed. Payne-James E. (Oxford: Elsevier) pp.531-537.
- Personality Disorder (*Book chapter*) **Nathan R** (2025) In, *Encyclopedia of Forensic and Legal Medicine* 3rd Edition, ed. Payne-James E (Oxford: Elsevier) pp.25-31.
- A community in crisis?: staff qualitative experiences of NHS and third sector mental healthcare in England (*Journal article*) Sambrook L, McIntyre JC, **Nathan R**, Tait J, Ashley-Mudie P, Humphreys M, Wilson P. and Saini P (2025) *BJPsych Open*, 11(5), p.e210. doi:10.1192/bjo.2025.10826
- Understanding Adverse Incident Responses in Mental Health Care: A Qualitative Study of Systems-based Patient Safety Practices (*Journal article*) Challinor A, Berzins K, Oladayo B, Anderson N, Xavier P, Saini P, Morasae EK & **Nathan R** (2025), *BMJ Open*, 15:e104863. doi: 10.1136/bmjopen-2025-104863

- Systematic exploration of the lives and minds of eighteenth-century English murderers: Causal narratives in the accounts of condemned prisoners published by the Ordinaries of Newgate between 1700 and 1750 (*Journal article*) **Nathan R** (2025), *Aggression and Violent Behavior*, p.102100. <https://doi.org/10.1016/j.avb.2025.102100>
- An examination of inpatient ward and secondary community care stay costs for individuals with complex mental health needs in the UK (*Journal article*) Saini P, Martin AP, McIntyre JC, Sambrook L, Balmer A, Roks H, Burton S, Ashley-Mudie P, Tait J, Shetty A. & **Nathan, R**, (2025), *PLOS Mental Health*, 2(9), p.e0000413.
- The meaning of ‘risk’ in clinical language: a qualitative study of its usage among clinicians (*Conference paper*) Barker H, Sambrook L, Saini P, Bu C, & **Nathan R**, (2025) *European Psychiatry*, 68(S1):S770–S770. doi:10.1192/j.eurpsy.2025.1562
- Systems Thinking in Mental Health Patient Safety: A Narrative Review of Complex Adaptive Systems (*Journal article*) Challinor A, Morasae EK, Saini P, Berzins K & **Nathan R** (2025), *Journal of Evaluation in Clinical Practice*, 31(4), p.e70080.
- Risks to the clinician of risk management: recalled and anticipated consequences of decision-making (*Journal article*) Challinor A, Bhandari S, Boyle S, Gabbay M, Wilson P, Saini P & **Nathan R** (2025) *Frontiers in Psychiatry*, 16, 1484372
- Racial Discrimination and Paranoia: Exploring the Potential Moderating Role of Ethnic Identity (*Conference paper*) Liyanage RD, Barlow F, Saini P, **Nathan R**, McIntyre J. (2025) *BJPsych Open*. Jun;11(S1): S31
- "I would have killed myself had it not been for this service:" Service user qualitative experiences of NHS and third sector crisis care in the United Kingdom (*Journal article*) Sambrook L, Balmer A, Tait J, Ahsley-Mudie P, McIntyre JC, Shetty A, **Nathan R** & Saini P (2025) *BJPsych Open*, 11(3):e107. doi:10.1192/bjo.2025.30
- The clinical assessment of violence in the context of psychosis: taking a phenomenological stance (*Journal article*) Anderson C & **Nathan R** (2025) *BJPsych Advances*, 31(1):28–35. doi:10.1192/bja.2024.2
- “No Abnormality Detected”: A Mixed-Methods Examination of Emergency Department Coding Practices for People in Suicidal Crisis (*Journal article*) McCarthy M, Saini P, **Nathan R**, Ashworth E, & McIntyre J (2025) *Archives of Suicide Research*, 1-14. <https://doi.org/10.1080/13811118.2024.2337195>
- A mixed-methods systematic review of offence-related shame and/or guilt in violent offenders (*Journal article*) Mottershead T, Griffiths AW, **Nathan R** & Cole J (2024), *Aggression and Violent Behavior*, 101989
- The provision of mental health care for people with complex needs who are at risk of suicide (*Conference paper*) Saini P, **Nathan R** (2024) *Injury Prevention*; 30:A43-A44. <https://doi.org/10.1136/injuryprev-2024-SAFETY.104>
- The journey of service users with complex mental health needs: a qualitative study (*Journal article*) Sambrook L, Balmer A, Roks H, Tait J, Ahsley-Mudie P, McIntyre JC, Shetty A, Bu C, **Nathan R** & Saini P (2024) *Health psychology and behavioral medicine*, 12(1), p.2365226.
- Expert psychiatric reports for the Parole Board (*Journal article*) Middleton L, Daly L & **Nathan R** (2024), *BJPsych Advances*:1-9. doi:10.1192/bja.2024.34
- Responses to serious adverse incidents in mental health care settings: a qualitative study of a complex patient safety system. (*Conference paper*) Anderson N, **Nathan R** (2024) *European Psychiatry*, 67(S1):S610-S611. doi:10.1192/j.eurpsy.2024.1270
- An exploration of decision-making during an act of serious violence using the Critical Decision Method (*Journal article*) Mottershead T, Griffiths AW, **Nathan R** & Cole J (2024), *Journal of Forensic Psychiatry & Psychology*, 1-18. <https://doi.org/10.1080/14789949.2024.2346611>
- Developing a Framework for Examining and Improving Decision-Making in Complex Mental Health Systems (*Conference paper*) **Nathan R** & Harris D (2024), *BJPsych Open*, 10(S1), S41–S42. doi:10.1192/bjo.2024.159

- Time to treatment of first episode psychosis in an NHS Trust in Northwest England during 2018 and 2019 is related to patient gender and service input (*Journal article*) Hall M, Mills R, Watson, **Nathan R** & Stewart A (2024) *British Journal of Mental Health Nursing*, 13(3), pp.1-8
- Who is at risk? Adults with intellectual disability at risk of admission to mental health inpatient care (*Journal article*) Durand M, **Nathan R**, Holt S, Nall-Evans S, & Woodrow C (2024). *Journal of Applied Research in Intellectual Disabilities*, 37(3), e13210. <https://doi.org/10.1111/jar.13210>
- One size doesn't always fit all: professional perspectives of serious incident management systems in mental healthcare (*Journal article*) Wood D, Robinson C, **Nathan R** & McPhillips R (2024) *Mental Health Review Journal*, 29(1), 34-47. <https://doi.org/10.1108/MHRJ-04-2023-0018>
- Factors influencing emergency department staff decision-making for people attending in suicidal crisis: A systematic review (*Journal article*) McCarthy M, Saini P, **Nathan R** & McIntyre J, (2024) *Archives of Suicide Research*, 28(1) 35-49. <https://doi.org/10.1080/13811118.2023.2173113>
- The art of the possible? Supporting a patient safety culture in mental healthcare to maximise safety. (*Journal article*) Wood D, Robinson C, **Nathan R** & McPhillips R (2024), *Mental Health Review Journal*, 29(1), 19-33. <https://doi.org/10.1108/MHRJ-05-2023-0026>
- Risk assessment in practice: a framework for decision-making in real-world complex systems (*Journal article*) **Nathan R** & Bhandari S (2024) *BJPsych Advances*, 30(1), 53-63. <https://doi.org/10.1192/bja.2022.67>
- An assessment of interventions following moderate and high scores on the dynamic appraisal of situational aggression risk assessment tool in a forensic mental health unit (*Journal article*) Challinor A, Briggs P, Brennan F, Daniels C, Hurst G, Thorpe M, Xavier P & **Nathan R** (2023), *The Journal of Forensic Psychiatry & Psychology*, DOI: <https://doi.org/10.1080/14789949.2023.2280565>
- Socioeconomic predictors of crisis and clinical pathways among people contacting a mental health crisis line (*Journal article*) McCarthy M, Saini P, **Nathan R** & McIntyre J (2023), *Health Service Insights*, 16, <https://doi.org/10.1177/11786329231212120>
- Staff Perspectives of People Attending Emergency Departments in Suicidal Crisis: A Qualitative Study (*Journal article*) McCarthy M, McIntyre J, **Nathan R**, Ashworth E, & Saini P (2023), *Journal of Psychiatric and Mental Health Nursing* <https://doi.org/10.1111/jpm.12991>
- Impact of undiagnosed anxiety and depression on health and social care costs and quality of life: a cross-sectional study using a household health survey (*Journal article*) Collins B, Downing J, Head A, Comerford T, **Nathan R**, & Barr B (2023), *BJPsychOpen*, Oct 27;9(6):e201. doi: 10.1192/bjo.2023.596.
- An investigation of mental health care pathways for patients with psychosis who engage in antisocial behaviours (*Journal article*) Challinor A, Whyler J, Meggison N, Cresswell P, Evans L, Bingley M, Somarathne P, Thompson J, McIntyre J, Washington D. & **Nathan, R** (2023). *The Journal of Forensic Psychiatry & Psychology*, 34(1), pp.94-112. <https://doi.org/10.1080/14789949.2023.2180420>
- Are health issues exacerbated by undiagnosed mental health problems? Cross-sectional study using a household health survey to estimate healthcare costs and quality of life related to multimorbidity (*Conference abstract*) Collins B, Downing J, Head A, Comerford T, **Nathan R**, Barr B. (2023) *Journal of Epidemiology & Community Health*, 77 (S1) <http://dx.doi.org/10.1136/jech-2023-SSMabstracts.146>
- Perspectives of service users and carers with lived experience of a diagnosis of personality disorder: a qualitative study (*Journal article*) Balmer A, Sambrook L, Roks H, Ahsley-Mudie P, Bu C, McIntyre JC, Shetty A, **Nathan R** & Saini P (2023), *Journal of Psychiatric and Mental Health Nursing*. <https://doi.org/10.1111/jpm.12959>
- Predictors of Self-Harm and Emergency Department Attendance for Self-Harm in Deprived Communities (*Journal article*) McCarthy M, Saini P, **Nathan R** & McIntyre J (2023), *International Journal of Injury Control and Safety Promotion*, April 1-7. <https://doi.org/10.1080/17457300.2023.2204474>
- Thematic Analysis of Inquiries into Concerns About Institutional Health Care (*Conference paper*) Elliott, R., White, E., & **Nathan, R.** (2023). *BJPsych Open*, 9(S1), S48-S48. doi:10.1192/bjo.2023.185

- Staff Perspectives of Emergency Department Pathways for People Attending in Suicidal Crisis: A Qualitative Study. (*Conference paper*) McCarthy, M., **Nathan, R.**, McIntyre, J., Ashworth, E., & Saini, P. (2023). *BJPsych Open*, 9(S1), S61-S61. doi:10.1192/bjo.2023.213
- Improve Coding Practices for Patients in Suicidal Crisis. (*Conference paper*) McCarthy, M., Saini, P., **Nathan, R.**, Ashworth, E., & McIntyre, J. (2023). *BJPsych Open*, 9(S1), S61-S61. doi:10.1192/bjo.2023.214
- A longitudinal investigation of the presence of different trajectories and associated health and socio-economic determinants for participants who report suicidal ideation within a community-based public health survey (*Journal article*) Mulholland H, Whittington R, Steven L, Haines-Delmont A, **Nathan R**, Saini P, Kulu C, Comerford T, Yameen F, and Corcoran R (2023) *BMJ Open*, 13(5), e063699. doi: 10.1136/bmjopen-2022-063699
- The practice of incident reporting and management: current challenges and opportunities for mental health trusts in England (*Journal article*) Wood D, Robinson C, **Nathan R** & McPhillips R (2023) *Journal of Mental Health Training, Education and Practice*, 18(3), 248-260. <https://doi.org/10.1108/JMHTEP-05-2022-0038>
- Examining the operationalizability of findings from homicide investigations. (*Conference paper*) **Nathan, R.**, Caplan, R., & Gill-Mullarkey, M. (2023). *European Psychiatry*, 66(S1), S883-S884. doi:10.1192/j.eurpsy.2023.1870
- The utilisation of services by patients with psychosis who engage in antisocial behaviours (*Journal article*) Challinor A, Whyler J, Meggison N, Creswell P, Evans L,.... **Nathan R** (2023) *Journal of Forensic Psychiatry & Psychology*, 34(1), 94-112. DOI: 10.1080/14789949.2023.2180420
- Intellectual disability and autism in adults influence psychological treatments for mental health comorbidities (*Journal article*) Mills, R; **Nathan, R**; Soper, P; Michelet, F; Stewart, A; Jaydeokar, S, 2022, *Advances in Mental Health and Intellectual Disabilities*, 17(2), 61-72
- Causation, historiographic approaches and the investigation of adverse incidents in mental health care settings (*Journal article*) Bhandari S, Thomassen Ø & **Nathan R**, 2022, *Health: An Interdisciplinary Journal for the Social Study of Health, Illness and Medicine*, <https://doi.org/10.1177/13634593221094703>
- A study of the implementation of patient safety policies in the NHS in England since 2000: what can we learn? (*Journal article*) Wood D, Robinson C, **Nathan R** & McPhillips R, 2022, *Journal of Health Organization and Management*, Vol. 36 No. 5, pp. 650-665. <https://doi.org/10.1108/JHOM-02-2021-0073>
- A qualitative study exploring the role of hindsight bias in the process of reviewing clinical practice prior to adverse incidents (*Conference paper*) Hadjioannou I, Lewis E.... **Nathan R** (2022) *BJPsych Open* 8, no. S1 (2022): S76–S76. <https://doi.org/10.1192/bjo.2022.254>
- Constructing and conceptualizing suicide and self-harm (Book chapter) Jones S & **Nathan R**, 2022, in *Contemporary Social Problems in the UK*, Stanley S (ed), Routledge
- A phenomenological approach to understanding the association between psychosis and violence (*Conference paper*) Anderson C & **Nathan R** (2022) *BJPsych Open* 8, no. S1 (2022): S40–S41. <https://doi.org/10.1192/bjo.2022.166>
- Do demographic and clinical characteristics influence meeting NICE quality standards for young people transitioning to adult intellectual disability services? (*Journal article*) Soper P, Stewart A, **Nathan R**, Nall-Evans S, Mills R, Michelet F & Jaydeokar S, (2022), *Advances in Mental Health and Intellectual Disabilities*, Vol. 16 No. 4, pp. 189-198. <https://doi.org/10.1108/AMHID-12-2021-0051>
- A qualitative study exploring the experiences of service users with complex mental health needs (*Conference paper*) Saini P, Sambrook L, Balmer A, Roks H, McIntyre J, Martin A, Tait J, Ashley-Mudie P, Shetty A & **Nathan R** (2022), *BJPsych Open* 8, no. S1 (2022): S70–S70. <https://doi.org/10.1192/bjo.2022.240>
- A qualitative study exploring the experiences of carers of service users with complex mental health needs (*Conference paper*) Saini P, Roks H, Sambrook L, Balmer A, McIntyre J, Martin A, Tait J, Ashley-Mudie P, Shetty A & **Nathan R** (2022) *BJPsych Open* 8, no. S1 (2022): S9–S9. <https://doi.org/10.1192/bjo.2022.240>

- The provision of mental health care for people with complex needs who are at risk of suicide (*Conference paper*) Saini P, Balmer A, Roks H, Sambrook L, McIntyre J, Martin A, Tait J, Ashley-Mudie P, Shetty A & **Nathan R** (2022), *BJPsych Open* 8, no. S1 (2022): S70–S70. <https://doi.org/10.1192/bjo.2022.241>
- A Pilot Study of Service Utilisation Pathways of Patients with Distinct Psychotic and Antisocial Typologies (*Conference paper*) Challinor A.... **Nathan R** (2022), *BJPsych Open* 8, no. S1 (2022): S45–S45. <https://doi.org/10.1192/bjo.2022.177>
- Music Therapy interventions for Eating Disorders: lack of robust evidence and recommendations for future research (*Journal article*) Coutinho E, Van Crieking T, Hanford G, **Nathan, R**, Maden, M & Hill R, 2022, *British Journal of Music Therapy*, 36(2), 84-93 <https://doi.org/10.1177/135945752211101933>
- Innovations in the psychopathology of schizophrenia: a primer for busy clinicians (*Journal article*) Wilson P, Humpston C & **Nathan R**, 2022, *BJPsych Advances* 28, no. 2, 79–89. <https://doi.org/10.1192/bja.2021.3>
- COMplex mental health PATHways (COMPAT) Study: a mixed methods study to inform an evidence-based service delivery model for people with complex needs: Study protocol (*Journal article*) Saini P, Martin A, McIntyre J, Sambrook L, Roks, Burton S, Balmer A, Shetty A & **Nathan R**, 2022, *PLoS One*, Mar 8;17(3). <https://doi.org/10.1371/journal.pone.0264173>
- Reports for family proceedings related to children (*Book chapter*) Rix K, **Nathan R** & Rowley K (KC) 2021, In *Rix's Expert Psychiatric Evidence*, second edition, Rix et al (Eds). Cambridge: Cambridge University Press
- Reports for criminal proceedings and in prison cases (*Book chapter*) Rix K & **Nathan R**, 2021, In *Rix's Expert Psychiatric Evidence*, second edition, Rix et al (Eds). Cambridge: Cambridge University Press
- Informing the Development and Evaluation of an Evidence-Based Service Delivery Model for Mental Health Patients with Complex Needs (*Conference paper*) Pooja S, Martin A, McIntyre J, Sambrook L, Roks H, Burton S, Balmer A, Shetty A & **Nathan R** 2021, *International Journal of Technology Assessment in Health Care*, vol. 37, no. S1, 2021, pp. 37–38.
- A&E departments need better coding practice for patients in suicidal crisis (*Journal editorial*) McCarthy M, Saini P, **Nathan R** & McIntyre J 2021, *British Medical Journal*;375: n2480
- The empirical evidence base for the use of the HCR-20: a narrative review of study designs and transferability of results to clinical practice. (*Journal article*) Challinor A, Ogundalu A, McIntyre JC, Bramwell V & **Nathan R** 2021, *International Journal of Law and Psychiatry*, 78, p.101729.
- Use of acute psychiatric hospitalisation: a study of the factors influencing decisions to arrange acute admission to inpatient mental health facilities. (*Journal article*) **Nathan R**, Gabbay M, Boyle S, Elliot P, Giebel C, O'Loughlin C, Wilson P & Saini P (2021) *Frontiers in Psychiatry*, 12, p.696478.
- Does the advice requested by carers of people who live with dementia reflect the level of commissioned post-diagnostic support? A retrospective evaluation of calls to the Me2U dementia day centre 24-hour advice line (*Conference paper*) **Nathan, R.**, Callaghan, S., Walker, K., Mason, A., & Whittington, R. 2021, *BJPsych Open*, 7, no. S1 (2021): S337-S337.
- The use of coproduction to inform an evidence-based service delivery model for mental health service users with complex needs. (*Conference paper*) Saini, P., **Nathan, R.**, Sambrook, L., Burton, S., Roks, H., Balmer, A., . . . Shetty, A. 2021, *BJPsych Open*, 7, no. S1 (2021): S286-S286.
- Professionals' experience of the rapid implementation of a remote consultation model of healthcare: A survey of clinicians in the early stages of the COVID-19 pandemic (*Conference paper*) Boughdady M, Connah L, Inman J, Jaydeokar S, Marnoch D & **Nathan R** 2021 *European Psychiatry* 64, no. S1 (2021): S97-S98
- Risk of harm to others: subjectivity and meaning of risk in mental health practice. (*Journal article*) **Nathan R**, Whyler J & Wilson P 2021, *Journal of Risk Research*, 24(10), pp.1228-1238.
- Assessment of coexisting psychosis and substance misuse: Complexities, challenges and causality. (*Journal article*) **Nathan, R** & Lewis E (2021). *BJPsych Advances*, 27, no. 1 (2021): 38-48.

- Mental health and the criminal courts: Fitness to plead, culpability and the defence of insanity (*Book chapter*) **Nathan R** 2020, In *Mental Health and Punishments: Critical Perspectives in Theory and Practice*, 1st edition. Taylor et al, Routledge.
- A novel approach to identifying causal factors for risk events: applying the hazard and operability study methodology to mental health services (*Conference paper*) **Nathan R** & Nathan K 2020, *European Psychiatry*, 63(S1), S283–S589.
- The clinical assessment of acts of violence: mental mechanisms & subjectivity (*Journal article*) Nathan R & Wilson P. 2020, *BJPsych Advances*, 26(3), pp.135-144.
- Predictors of emergency department and GP use among patients with mental health conditions: a public health survey (*Journal article*) Saini P, McIntyre J, Corcoran R, Daras K, Giebel C, Fuller E, Shelton J, Wilson T, Comerford T, **Nathan R**, Gabbay M (2020) **British Journal of General Practice**, 70(690): e1-e8.
- Psychiatric assessment of adults in care proceedings (*Journal article*) **Nathan R**, Scarisbrick R & Brown G. 2020, *BJPsych Advances*, 26(1), pp.16-25.
- A pilot randomised controlled trial of a programme of psychosocial interventions (Resettle) for high-risk personality disordered offenders (*Journal article*) **Nathan R**, Centifanti L, Baker V & Hill J. (2019) *International Journal of Law and Psychiatry*, 66, p.101463.
- Mental health, deprivation, and the neighbourhood social environment: a network analysis (*Journal article*) McElroy E, McIntyre J, Bentall R, Wilson T, Holt K, Kullu C, **Nathan R**, Kerr A, Panagaki K, McKeown M, Saini P, Gabbay M & Corcoran R (2019) *Clinical Psychological Science*, 7(4), pp.719-734.
- Real-life clinical decision-making: Examining the role of multiple clinical and non-clinical factors on decisions to admit patients to acute psychiatric units (*Conference paper*) **Nathan R**, Boyle S, Elliot P, & Saini P (2018) *European Psychiatry*, 48S, S448-449.
- Serious Offences – Origins and Nature of Serious Violence (*Book chapter*) Lennox C & **Nathan R** (2017) In *Forensic Child and Adolescent Mental Health: Meeting the Needs of Young Offenders*, Cambridge University Press
- Suicide: Self-harm (*Book chapter*) **Nathan R**, Rix K. (2016) In *Encyclopedia of Forensic and Legal Medicine*, second edition, Payne-James J, Byard R, Corey T, & Henderson C (eds). Oxford: Elsevier.
- Forensic Psychiatry and Forensic Psychology: Personality disorder (*Book chapter*) **Nathan R**, Wood H. (2016) In *Encyclopedia of Forensic and Legal Medicine*, second edition, Payne-James J, Byard R, Corey T, & Henderson C (eds). Oxford: Elsevier.
- A special case for personality disorder: are the distinctions between personality disorder and mental illness in clinical and legal practice justified? (*Book chapter*) **Nathan R** and Rix K (2016) In *Legal Perspectives on State Power: Consent and Control*, Cambridge Scholars Publishing.
- Psychiatric expert evidence and the new defences of diminished responsibility and loss of control (*Journal article*) **Nathan R** and Medland S (QC) (2016) *BJPsych Advances*, 22(4), pp.277-284.
- Assessment, Formulation and Care Pathways for Individuals on the Autism Spectrum who have Violently Offended (*Journal article*) Heffernan S, Brown A, Burns D, Chidambaram A & **Nathan R** (2016), *Clinical Psychology Forum*. Special issue: Forensic Psychology, No 282 (June)
- The NHS must manage the unmet mental health needs in prison (*Journal article*) Crichton J, **Nathan R** (2015) *The Health Service Journal*, Aug/15
- The Beacon: an assessment and treatment service for men with personality difficulties, risk and offending behaviours (*Book chapter*) Jellicoe-Jones L, **Nathan R** (2015) In, *Interventions in Criminal Justice Volume 2: A handbook for counsellors and therapist working in the criminal justice system* (Ed: Peter Jones). Hove: Pavilion Publishing

- Dynamic relationship between multiple START assessments and violent incidents over time: a prospective cohort study (*Journal article*) Whittington R, Bjørngaard JH, Brown A, **Nathan R**, Noblett S, Quinn B. (2014). *BMC Psychiatry*. 26;14(1):323.
- Report of a Pilot Randomised Controlled Trial of an Intensive Psychosocial Intervention for High Risk Personality Disordered Offenders (The 'Resettle' Programme) (*Report*) Hill J, **Nathan R** & Shattock L (2013) Report to NHS England
- Evaluation of the Youth Justice Liaison and Diversion Pilot Scheme (*Report*) Haines A, Goldson B, Haycock A, Houten R, Lane S, McGuire J, **Nathan R**, Perkins E, Richards S and Whittington R (2012) London: Department of Health
- Approaches to personality disordered offenders: experiential and empirical lessons from the Forensic Personality Disorder Assessment and Liaison Service (*Journal article*) **Nathan R**, Cramond L, Brown A, McEllin B and Whittington R (2012) *British Journal of Forensic Practice*, 14(4), 281-291
- Formulation in Clinical Risk Assessment and Management (*Book chapter*) Logan C, **Nathan R**, Brown A (2011). In: *Self-Harm and Violence: Towards Best Practice in Managing Risk in Mental Health Services*, Whittington R & Logan (Eds). Wiley-Blackwell.
- Antiepileptics for aggression and associated impulsivity (*Cochrane review*) Huband N, Ferriter M, **Nathan R**, Jones H. (2010) *Cochrane Database of Systematic Reviews*, Issue 2. Art. No.:CD003499. DOI: 10.1002/14651858. CD003499.pub3
- Childhood antecedents of serious violence in adult males (*Journal article*) Hill J and **Nathan R** (2008). *Aggressive Behaviour*, 2008 May-Jun; vol 34 (issue 3): pp 329-38
- Best Practice in Managing Risk: Principles and evidence for best practice in the assessment and management of risk to self and others in mental health services (*Journal article*) Whittington R, Barr W, Brown A, Leitner M, Logan C and **Nathan R** (Project team) (2007) Department of Health: London.
- Staff responses to the therapeutic environment: A prospective study comparing burnout among nurses working on male and female wards in a medium secure unit (2007) (*Journal article*) **Nathan R**, Brown A, Redhead K, Holt G and Hill J. *Journal of Forensic Psychiatry and Psychology* 18(3): 342-352.
- Parasuicide (Book chapter) **Nathan R**, Rix K (2005) In *Encyclopedia of Forensic and Legal Medicine*, Payne-James J, Byard R, Corey T, & Henderson C (eds).
- The Liverpool Violence Assessment: an investigator based measure of serious violence (*Journal article*) **Nathan R**, Rollinson L, Harvey K and Hill J (2003). *Criminal Behavior and Mental Health* Vol 13, 106-120
- Long term psychiatric morbidity and the aftermath of CS spray trauma (Journal article) **Nathan R**, Woods H, Rix K. (2003). *Medicine, Science and the Law*, 43, 2, 98-104.
- Training implications of community orientated psychiatry (*Journal article*) Linsley K, Slinn R, **Nathan R**, Guest L & Griffiths H. (2001) *Advances in Psychiatric Treatment*, Vol 7, 208-215
- A 10-year study of the incidence of factors predicting dementia in Parkinson's disease (*Journal article*) Hughes T, Ross H, Musa S, Bhattachacherjee S, **Nathan R**, Mindham R and Spokes E. (2000) *Neurology*, Vol 54, 1596-1602.
- Problem-Based Psychiatry in a New Undergraduate Medical Curriculum (*Journal article*) **Nathan R**, Gibbs T & Wilson K. (1999) *Psychiatric Bulletin*, Vol 23, 436-439.
- Myxoedematous madness and grievous bodily harm (*Journal article*) **Nathan R**, Rix K, Kent J. (1997). *Journal of Clinical Forensic Medicine*, Vol 4, 85-90.

PUBLISHED LETTERS TO EDITORS

- Mental health, deprivation, and the neighbourhood social environment: A rejoinder to Eres, Harrington, and Lim (*Letter*) McElroy E, McIntyre J, Bentall R, Wilson T, Holt K, Kullu C, **Nathan R**, Kerr A, Panagaki K, McKeown M, Saini P, Gabbay M & Corcoran R (2019) *Clinical Psychological Science*, 8(2), pp.386-387.
- Women patients in medium secure psychiatric units (*Letter*) **Nathan R**. (2001) *Psychiatric Bulletin*, Vol 25, 485.
- The role of scientific psychiatry (*Letter*) **Nathan R**. (1999) *British Journal of Psychiatry*, Vol 175, 87.
- Assessment of suicide risk (*Letter*) Nathan R. (1997) *Psychiatric Bulletin*, Vol 21, 660.
- Regional Secure Unit Escapes (*Letter*) Haskayne L, **Nathan R**, & Parkes J. (1995) *Journal of Forensic Psychiatry*. Vol 6 No 1, 219-220.

NOTABLE RECENT & FORTHCOMING CONFERENCES TALKS

- "Using Foucault's substitution of objects to examine the science and practice of forensic psychiatry" **Nathan R** (2026) *International Society for the History of Philosophy of Science*, Ohio, June 2026
- What can the Great Rising of 1381 tell us about modern medical practice? (by invitation) **Nathan R** (2025) *Public Health Humanities lecture*, University of Chester, November 2025
- Risk-informed clinical decision-making: guiding safer care rather than justifying practice (by invitation) **Nathan R** (2025) *Responding to risk conference* (Mersey Care NHSFT), Aintree Racecourse, November 2025
- Can knowing the cause of death really inform preventive actions? (at the invitation of the President of the Coroners' Society for England and Wales) **Nathan R** (2025) *Coroners' Society of England and Wales, Annual Conference*, London, September 2025
- Psychosis and substance use: dealing with causal complexity in clinical practice (invited lecture) **Nathan R** (2023) *Irish EIP webinar*, Republic of Ireland, June 2023
- Investigating serious adverse incidents in complex systems (invited lecture) **Nathan R** (2023) *Faculty of Forensic & Legal Medicine 16th Annual Conference*, York, May 2023
- Assessment of ASD/Neurodiversity in Detainees (invited lecture) **Nathan R** (2023) *Faculty of Forensic & Legal Medicine, Mental Health & Intellectual Disability Day*, February 2023
- Why does history repeat itself: can we learn from investigating serious incidents? (*invited lecture*) **Nathan R** (2023) *The British Academy of Forensic Sciences*, Kings College London, February 2023
- Developing and delivering innovative training for rehabilitation services **Nathan R** (2023) *Joint World Congress of the RCPsych Rehabilitation and Social Psychiatry Faculty and the World Association of Social Psychiatry (WASP)*, January 2023
- Assessment of coexisting psychosis and substance misuse: complexities, challenges and causality (*invited seminar*) **Nathan R** (2001) *UCD School of Medicine* <https://www.youtube.com/watch?v=aa-g7OheDSI>
- Subjective representations of risk: a neglected topic in clinical practice and research (*invited lecture*) **Nathan R** (2021), *Faculty of Forensic Psychiatry Annual Conference* (Royal College of Psychiatrists), March 2021
- Intersections with mental health capacity and mental health (*invited lecture*) **Nathan R** (2017), *Safeguarding adults: a new legal framework* (Economic & Social Research Council), November 2017

CONFERENCE PRESENTATIONS

- An examination of inpatient ward and secondary community care stay costs for individuals with complex mental health needs in the UK. Saini P, **Nathan R** et al, *International Congress Royal College of Psychiatrists* Liverpool, July 2023

- The Journey of Service Users with Complex Mental Health Needs: A Qualitative Study. Saini P, **Nathan R** et al, *International Congress Royal College of Psychiatrists* Liverpool, July 2023
- A qualitative study to explore clinician decision-making and inform an evidence-based service delivery model for mental health service users with complex needs. **Nathan R**, Saini P et al. *International Congress Royal College of Psychiatrists* Liverpool, July 2023
- Authors in forensic psychiatry series: Dr Najat Kalifa in conversation with Prof Taj Nathan, Faculty of Forensic Psychiatry Annual Conference, March 2022
- Historiographic methods to debias serious incident investigations. Bandari S, Thomassen O & **Nathan R** (2021) *Royal College of Psychiatrists Philosophy SIG Conference*, September 2021
- Different views on violence risk assessments: risk of harm to others—subjectivity and meaning of risk in mental health practice. **Nathan R** (2021) *International Congress, Royal College of Psychiatrists*, June 2021
- ‘Risk’: a textual and phenomenological analysis to clarify its meaning in clinical practice. Whyler J, Wilson P & **Nathan R** (2020) *Faculty of Forensic Psychiatry Annual Conference*, Liverpool, March 2020
- A Qualitative Study of Mental Health Presentations to University Student Support Services. Watson E, Hughes D, Patterson J, Mandara A & **Nathan R** (2019) *Faculty of Child and Adolescent Psychiatry Annual Conference*, Belfast, September 2019
- How stable is diagnosis in secure services? An exploratory qualitative study? Kumar M, Wilson P & **Nathan R** (2019) *Faculty of Forensic Psychiatry Annual Conference*, Vienna, March 2019
- Does the mostly commonly used violence risk assessment and management instrument in forensic mental health services have a robust evidence base? Ogundalu A, Bramwell V, Challinor A & **Nathan R** (2019) *Faculty of Forensic Psychiatry Annual Conference*, Vienna, March 2019
- Phenomenology and causal entities in psychiatry. Wilson P & **Nathan R** (2018) *British Society for Phenomenology Annual Conference*, Kent, July 2018
- The risk to the clinician of risk management: analysis of recalled and anticipated consequences of decision-making in acute psychiatric scenarios. **Nathan R**, Boyle S, Elliot P, Saini P, & O’Loughlin C (2018) *Royal College of Psychiatrists, Faculty of Liaison Psychiatry Annual Conference*, Liverpool, May 2018
- Improving identification and engagement in dual diagnosis: addressing conflicting casual narratives about the relationship between substance use and mental illness symptoms. **Nathan R** (2017) *Royal College of General Practitioners, Managing Drug and Alcohol Problems in Primary Care Conference*, London, November 2017
- Exploratory study of approaches to the assessment and formulation of psychotic-spectrum symptoms in routine clinical practice. Wilson P, Williams T, Shaw E & **Nathan R** (2017) *Faculty of General Adult Psychiatry Annual Conference*, Gateshead, October 2017. (Presentation prize winner, Wilson)
- The influence of the format of presentation of clinical histories (narrative versus template) on clinicians’ ability to recall risk related information. Ahsan T, Washington D, Thorley C, Taylor P & **Nathan R** (2017) *Faculty of Forensic Psychiatry Annual Residential Meeting*, March 2017
- The use of acute psychiatric inpatient beds: study of in-vivo clinical decision-making. Boyle S, Elliot P, Saini P, O’Loughlin C & **Nathan R** (2017) *NIHR CLAHRC NWC Dissemination event*, Preston, October 2017
- Neuroscientific understanding of personality disorder and diminished responsibility: implications for the psychiatric expert witness. Washington D, Tappin O & **Nathan R** (2015) *Third UK Conference on Philosophy and Psychiatry*, Royal College of Psychiatrists, London, Sept 2015
- Prospective Validity of the Structured Assessment of Protective Factors (SAPROF) Instrument for Violence. Whittington R, Bjorngaard J, Brown A, **Nathan R** & Noblett S (2013) 8TH European Congress of Violence in Clinical Psychiatry, Oct 2013
- Serious violence and sensitivity to social attack. Malik M, Burke A, Hill J and **Nathan R** (2006) *Faculty of Forensic Psychiatry Annual Residential Meeting*, Feb 2006. (Poster prize winner)

- Clinical and offending characteristics of offenders subject to Multi-Agency Public Protection Arrangements. *Nathan R & Simpson P (2005) Faculty of Forensic Psychiatry Annual Residential Meeting, Feb 2005.*
- Burnout in forensic services. Holt G, Brown A, Redhead K and **Nathan R.** (2005) *Faculty of Forensic Psychiatry Annual Residential Meeting, Feb 2005.* (Poster prize winner).
- State-related cognitions and self-directed aggression. **Nathan R** and Hill J (2004) *National Forensic Mental Health R & D Conference.*
- Childhood correlates of serious violence. **Nathan R & Hill J** (2003). *Ethics in Forensic Mental Health Research. National Forensic Mental Health R & D Programme.* (Poster prize winner)
- The Liverpool Violence Assessment - an investigator-based measure of patterns of violence. **Nathan R,** Rollinson L, Harvey K & Hill J. (2001) *Faculty of Forensic Psychiatry 2001 Annual Meeting.*
- Psychiatric sequelae of exposure to CS gas. **Nathan R** and Rix K (2000). *Faculty of Forensic Psychiatry Annual Residential Meeting.*
- The incidence and associations of dementia in Parkinson's disease. Hughes T, Ross H, Musa, Bhattacharjee S, **Nathan R,** Mindham R & Spokes E (1998) *Association of British Neurologists Spring Meeting.*
- Effect of interferon beta on mood and suicidality in relapsing-remitting multiple sclerosis. **Nathan R,** Trigwell P, Ford H & Johnson M. (1998) *Association of British Neurologists Spring Meeting.*
- The validity of the Mini-Mental State Examination in Parkinson's disease. **Nathan R,** Mindham R, Hughes T & Ross H. (1998). *Anglo-Nordic Liaison Psychiatry Meeting.*
- A controlled longitudinal study over 10 years of the incidence and correlates of dementia in Parkinson's disease. Hughes T, Ross H, Musa S, Bhattacharjee S, **Nathan R,** Mindham R & Spokes E. (1996/1997) *International Symposium on Parkinson's Disease March 1997*
- Effect of premorbid intelligence on Mini-Mental State Examination. **Nathan R,** Mindham R, Hughes T & Ross H. (1996) *The Lancet Conference, the Challenge of the Dementias, No 71, 61.*

PUBLIC DISSEMINATION

Books

- *Dangerous Minds: A Forensic Psychiatrist's Quest to Understand Violence* (John Murray, 2021). Review by *The Times* "exceptional book by a forensic psychiatrist" "Thoughtful and engrossing"

Podcasts

- In Conversation with... Professor Taj Nathan (*JUSTICE with prison philanthropist Edwina Grosvenor* Season 1, Ep. 84, 2022) <https://shows.acast.com/justice/episodes/in-conversation-with-taj-nathan>
- The clinical assessment of acts of violence: mental mechanisms and subjectivity, Dr Nathan speaks with Dr Oliver Gale-Grant (BJPsych Advances podcast, 2020) <https://soundcloud.com/bjpsych/bja-2019-75>

Newspaper/magazine articles

- The Power and limits of forensic psychiatry (*The Guardian*, Aug 2021)
- Essay (*The Spectator*, Nov 2018)