

Professor Rajan (Taj) Nathan

MB, BCh, MSt (Oxon), MMedSc, MD, DFBS, MRCPsych

Contact:

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PROFESSIONAL SUMMARY

Professor Nathan is a senior consultant forensic psychiatrist within the NHS. His clinical experience extends across general mental health and forensic services in the community, hospitals and prisons, and he has held senior leadership roles within the NHS.

As an active academic working with a number of universities in the Northwest of England, Professor Nathan undertakes research with a particular focus on service delivery, clinical decision-making, safety, and risk assessment and management.

For the past 24 years Professor Nathan has regularly acted as an independent expert witness in a wide range of legal forums. He has delivered training in expert witness work, published academic articles and book chapters about the role of an expert witness, and presented seminars to barristers chambers.

POSITIONS / ROLES

Current

- **Consultant Forensic Psychiatrist** (CWP NHSF Trust, GMC no: 3547072)
- **Visiting Professor** (University of Chester)
- **Adjunct Professor** (Liverpool John Moores University)
- **Partner co-lead** (Patient-Centred Complex Care Theme, ARC NWC)
- **Consulting editor** (Medicine Science and the Law)

Previous leadership/academic

- **Specialty Research Lead (Mental Health) & Clinical Lead** (CRN NWC, NiHR) (2019-24)
- **Honorary Senior Research Fellow** (University of Liverpool) (2005-23)
- **Philosophy SIG exec. board member** (Royal College of Psych.) (2021-23)
- **Director of Research** (CWP NHSF Trust) (2016-23)
- **Lead Consultant & Clinical Director**, Scott Clinic, Mersey Care NHS Trust (2009-15)
- **Post-Doctoral Research Fellow**, University of Liverpool (2002-5)

Previous clinical

- **Specialist Registrar**, Adult Mental Illness/Forensic Psychiatry, Merseyside (1997-2001)
- **Senior House Officer/Registrar**, Psychiatry, Yorkshire (1992-7)
- **House Officer**, University Hospital of Wales & E. Glamorgan DGH (1991-2)

QUALIFICATIONS

Postgraduate:

- **University of Oxford**
Master of Studies in
Historical Studies
(*distinction*) (MSt, 2025)
- **University of Liverpool**
Research Doctorate in
Medicine (MD, 2007)
- **University of Liverpool**
Diploma in Forensic
Behavioural Science
(DFSc, 1999)
- **University of Leeds**
Masters in Medical
Science (MMedSc, 1997)
- **Royal College of
Psychiatrists**
Member (MRCPsych,
1996), London

Undergraduate:

- **University of Wales
College of Medicine,
Cardiff**
Bachelors in Medicine
and Surgery (MB BCh,
1991)

School:

- **Ruthin Boys School**,
(1975-86), 11 O-levels, 3
A-levels (A,A,A)

CONSULTANT CLINICAL EXPERIENCE (24 years)

• *General mental health services*

- ◇ Consultant for complex case care-ordination team (community and inpatient)
- ◇ General psychiatric on-call (community and inpatient)
- ◇ Supervision to community-based personality disorder service
- ◇ Consultant for forensic support service (to general mental health services)
- ◇ Consultant member of patient safety incident investigations

• *Forensic mental health services*

- ◇ Forensic consultant on-call services (community and inpatient)
- ◇ Responsible clinician for male inpatient medium and low secure services
- ◇ Responsible clinician for female inpatient medium secure service
- ◇ Consultant for community forensic service
- ◇ Prison based assessment and treatment clinics
- ◇ Consultant for prison-based personality disorder service

• *Specialist services*

- ◇ Consultant for 18-25 transition service
- ◇ Consultant for ASD assessment services (non-forensic and forensic)
- ◇ Lead consultant for forensic personality disorder service
- ◇ Prison-based ADHD assessment and treatment services
- ◇ Lead reviewer for community ADHD assessment and treatment services
- ◇ Psychiatric assessments for occupational health service
- ◇ Therapist member of mentalisation-based treatment
- ◇ Provision of second opinions in complex cases (national footprint)

Recent doctorate supervision/examination

- Co-supervision:
 - DCLinPsych: **University of Liverpool** x1 (Psychological processes & violence) (completed 2023)
 - PhD: **University of Manchester** x1 (Patient safety strategies) (completed 2024)
 - PhDs: **Liverpool John Moores University** x3 (Suicidal crisis, Patient pathways, Ethnicity and psychosis) (x1 completed 2024; x2 ongoing)
- External examination:
 - PhD: **Queen Mary University of London** (ASD and forensic mental health) (2024)

Awards

- 2024 - **Reviewer Recognition Winner** (BJPsych Advances, Royal College of Psychiatrists publishing)
- 2023 - **Psychiatric Team of the Year: Working-age Adults** (Royal College of Psychiatrists) (research contribution)
- 2018 - **Outstanding contribution to research and innovation (CWP & Health Innovation NWC)**
- 2018 - **Essay Prize winner** (John Murray Publishers & *The Spectator* Magazine)

PUBLICATIONS

Systematic exploration of the lives and minds of eighteenth-century English murderers: Causal narratives in the accounts of condemned prisoners published by the Ordinaries of Newgate between 1700 and 1750 (Journal article)

Nathan R (2025), *Aggression and Violent Behavior* (in press: accepted for publication Oct 2025)

An examination of inpatient ward and secondary community care stay costs for individuals with complex mental health needs in the UK (Journal article)

Saini P, Martin AP, McIntyre JC, Sambrook L, Balmer A, Roks H, Burton S, Ashley-Mudie P, Tait J, Shetty A. & Nathan, R, 2025. *PLOS Mental Health*, 2(9), p.e0000413.

Knowing the unknown: a comparison of characteristics of patients requiring hospital admission both known and unknown to community mental health services (Journal article)

Johnston J, Nathan R, Hales G, Nall-Evans S Wilson P. (2025), *Mental Health Review Journal*, (in press)

The meaning of 'risk' in clinical language: a qualitative study of its usage among clinicians (Conference paper)

Barker H, Sambrook L, Saini P, Bu C, & Nathan R, (2025) *European Psychiatry*, 68(S1):S770–S770. doi:10.1192/j.eurpsy.2025.1562

Systems Thinking in Mental Health Patient Safety: A Narrative Review of Complex Adaptive Systems (Journal article)

Challinor A, Morasae EK, Saini P, Berzins K & Nathan R (2025), *Journal of Evaluation in Clinical Practice*, 31(4), p.e70080.

Risks to the clinician of risk management: recalled and anticipated consequences of decision-making (Journal article)

Challinor A, Bhandari S, Boyle S, Gabbay M, Wilson P, Saini P & Nathan R (2025) *Frontiers in Psychiatry*, 16, 1484372

Racial Discrimination and Paranoia: Exploring the Potential Moderating Role of Ethnic Identity (Conference paper)

Liyana RD, Barlow F, Saini P, Nathan R, McIntyre J. (2025) *BJPsych Open*. Jun;11(S1): S31

"I would have killed myself had it not been for this service:" Service user qualitative experiences of NHS and third sector crisis care in the United Kingdom (Journal article)

Sambrook L, Balmer A, Tait J, Ahsley-Mudie P, McIntyre JC, Shetty A, Nathan R & Saini P (2025) *BJPsych Open*, 11(3):e107. doi:10.1192/bjo.2025.30

The clinical assessment of violence in the context of psychosis: taking a phenomenological stance (Journal article)

Anderson C & Nathan R (2025) *BJPsych Advances*, 31(1):28–35. doi:10.1192/bja.2024.2

A mixed-methods systematic review of offence-related shame and/or guilt in violent offenders (Journal article)

Mottershead T, Griffiths AW, Nathan R & Cole J (2024), *Aggression and Violent Behavior*, 101989

Suicide: Self-harm (Book chapter)

Nathan R (2024) In, *Encyclopedia of Forensic and Legal Medicine 3rd Edition*, ed. Payne-James E. (Oxford: Elsevier) pp.531-537.

The provision of mental health care for people with complex needs who are at risk of suicide (Conference paper)

Saini P, Nathan R (2024) *Injury Prevention*;30:A43-A44. <https://doi.org/10.1136/injuryprev-2024-SAFETY.104>

The journey of service users with complex mental health needs: a qualitative study (Journal article)

Sambrook L, Balmer A, Roks H, Tait J, Ahsley-Mudie P, McIntyre JC, Shetty A, Bu C, Nathan R & Saini P (2024) *Health psychology and behavioral medicine*, 12(1), p.2365226.

Expert psychiatric reports for the Parole Board (Journal article)

Middleton L, Daly L & Nathan R (2024), *BJPsych Advances*:1-9. doi:10.1192/bja.2024.34

Responses to serious adverse incidents in mental health care settings: a qualitative study of a complex patient safety system. (Conference paper)

Anderson N, Nathan R (2024) *European Psychiatry*, 67(S1):S610-S611. doi:10.1192/j.eurpsy.2024.1270

An exploration of decision-making during an act of serious violence using the Critical Decision Method (Journal article)

Mottershead T, Griffiths AW, **Nathan R** & Cole J (2024), *Journal of Forensic Psychiatry & Psychology*, 1-18.
<https://doi.org/10.1080/14789949.2024.2346611>

Developing a Framework for Examining and Improving Decision-Making in Complex Mental Health Systems (Conference paper)

Nathan R & Harris D (2024), *BJPsych Open*, 10(S1), S41–S42. doi:10.1192/bjo.2024.159

“No Abnormality Detected”: A Mixed-Methods Examination of Emergency Department Coding Practices for People in Suicidal Crisis (Journal article)

McCarthy M, Saini P, **Nathan R**, Ashworth E, & McIntyre J (2024) *Archives of Suicide Research*, 1-14.
<https://doi.org/10.1080/13811118.2024.2337195>

Personality Disorder (Book chapter)

Nathan R (2024) In, *Encyclopedia of Forensic and Legal Medicine 3rd Edition*, Oxford: Elsevier (in press, accepted March 2024)

Time to treatment of first episode psychosis in an NHS Trust in Northwest England during 2018 and 2019 is related to patient gender and service input (Journal article)

Hall M, Mills R, Watson, **Nathan R** & Stewart A (2024) *British Journal of Mental Health Nursing* (in press, accepted Feb 04)

Who is at risk? Adults with intellectual disability at risk of admission to mental health inpatient care (Journal article)

Durand M, **Nathan R**, Holt S, Nall-Evans S, & Woodrow C (2024). *Journal of Applied Research in Intellectual Disabilities*, 37(3), e13210. <https://doi.org/10.1111/jar.13210>

One size doesn't always fit all: professional perspectives of serious incident management systems in mental healthcare (Journal article)

Wood D, Robinson C, **Nathan R** & McPhillips R (2024) *Mental Health Review Journal*, 29(1), 34-47.
<https://doi.org/10.1108/MHRJ-04-2023-0018>

Factors influencing emergency department staff decision-making for people attending in suicidal crisis: A systematic review (Journal article)

McCarthy M, Saini P, **Nathan R** & McIntyre J, (2024) *Archives of Suicide Research*, 28(1) 35-49.
<https://doi.org/10.1080/13811118.2023.2173113>

The art of the possible? Supporting a patient safety culture in mental healthcare to maximise safety. (Journal article)

Wood D, Robinson C, **Nathan R** & McPhillips R (2024), *Mental Health Review Journal*, 29(1), 19-33.
<https://doi.org/10.1108/MHRJ-05-2023-0026>

Risk assessment in practice: a framework for decision-making in real-world complex systems (Journal article)

Nathan R & Bhandari S (2024) *BJPsych Advances*, 30(1), 53-63. <https://doi.org/10.1192/bja.2022.67>

An assessment of interventions following moderate and high scores on the dynamic appraisal of situational aggression risk assessment tool in a forensic mental health unit (Journal article)

Challinor A, Briggs P, Brennan F, Daniels C, Hurst G, Thorpe M, Xavier P & **Nathan R** (2023) , *The Journal of Forensic Psychiatry & Psychology*, DOI: <https://doi.org/10.1080/14789949.2023.2280565>

Socioeconomic predictors of crisis and clinical pathways among people contacting a mental health crisis line (Journal article)

McCarthy M, Saini P, **Nathan R** & McIntyre J (2023), *Health Service Insights*, 16, <https://doi.org/10.1177/11786329231212120>

Staff Perspectives of People Attending Emergency Departments in Suicidal Crisis: A Qualitative Study (Journal article)

McCarthy M, McIntyre J, **Nathan R**, Ashworth E, & Saini P (2023), *Journal of Psychiatric and Mental Health Nursing*
<https://doi.org/10.1111/jpm.12991>

Impact of undiagnosed anxiety and depression on health and social care costs and quality of life: a cross-sectional study using a household health survey (Journal article)

Collins B, Downing J, Head A, Comerford T, **Nathan R**, & Barr B (2023), *BJPsychOpen*, Oct 27;9(6):e201. doi: 10.1192/bjo.2023.596.

An investigation of mental health care pathways for patients with psychosis who engage in antisocial behaviours (Journal

article)

Challinor A, Whyler J, Meggison N, Cresswell P, Evans L, Bingley M, Somarathne P, Thompson J, McIntyre J, Washington D. & **Nathan, R** (2023). *The Journal of Forensic Psychiatry & Psychology*, 34(1), pp.94-112. <https://doi.org/10.1080/14789949.2023.2180420>

Are health issues exacerbated by undiagnosed mental health problems? Cross-sectional study using a household health survey to estimate healthcare costs and quality of life related to multimorbidity (Conference abstract)

Collins B, Downing J, Head A, Cornerford T, **Nathan R**, Barr B. (2023) *Journal of Epidemiology & Community Health*, 77 (S1) <http://dx.doi.org/10.1136/jech-2023-SSMabstracts.146>

Perspectives of service users and carers with lived experience of a diagnosis of personality disorder: a qualitative study (Journal article)

Balmer A, Sambrook L, Roks H, Ahsley-Mudie P, Bu C, McIntyre JC, Shetty A, **Nathan R** & Saini P (2023), *Journal of Psychiatric and Mental Health Nursing*. <https://doi.org/10.1111/jpm.12959>

Predictors of Self-Harm and Emergency Department Attendance for Self-Harm in Deprived Communities (Journal article)

McCarthy M, Saini P, **Nathan R** & McIntyre J (2023), *International Journal of Injury Control and Safety Promotion*, April 1-7. <https://doi.org/10.1080/17457300.2023.2204474>

Thematic Analysis of Inquiries into Concerns About Institutional Health Care (Conference paper)

Elliott, R., White, E., & **Nathan, R.** (2023). *BJPsych Open*, 9(S1), S48-S48. doi:10.1192/bjo.2023.185

Staff Perspectives of Emergency Department Pathways for People Attending in Suicidal Crisis: A Qualitative Study. (Conference paper)

McCarthy, M., **Nathan, R.**, McIntyre, J., Ashworth, E., & Saini, P. (2023). *BJPsych Open*, 9(S1), S61-S61. doi:10.1192/bjo.2023.213

Improve Coding Practices for Patients in Suicidal Crisis. (Conference paper)

McCarthy, M., Saini, P., **Nathan, R.**, Ashworth, E., & McIntyre, J. (2023). *BJPsych Open*, 9(S1), S61-S61. doi:10.1192/bjo.2023.214

A longitudinal investigation of the presence of different trajectories and associated health and socio-economic determinants for participants who report suicidal ideation within a community-based public health survey (Journal article)

Mulholland H, Whittington R, Steven L, Haines-Delmont A, **Nathan R**, Saini P, Kulu C, Comerford T, Yameen F, and Corcoran R (2023) *BMJ Open*, 13(5), e063699. doi: 10.1136/bmjopen-2022-063699

The practice of incident reporting and management: current challenges and opportunities for mental health trusts in England (Journal article)

Wood D, Robinson C, **Nathan R** & McPhillips R (2023) *Journal of Mental Health Training, Education and Practice*, 18(3), 248-260. <https://doi.org/10.1108/JMHTEP-05-2022-0038>

Examining the operationalizability of findings from homicide investigations. (Conference paper)

Nathan, R., Caplan, R., & Gill-Mullarkey, M. (2023). *European Psychiatry*, 66(S1), S883-S884. doi:10.1192/j.eurpsy.2023.1870

The utilisation of services by patients with psychosis who engage in antisocial behaviours (Journal article)

Challinor A, Whyler J, Meggison N, Creswell P, Evans L,... **Nathan R** (2023) *Journal of Forensic Psychiatry & Psychology*, 34(1), 94-112. DOI: 10.1080/14789949.2023.2180420

Intellectual disability and autism in adults influence psychological treatments for mental health comorbidities (Journal article)

Mills, R; **Nathan, R**; Soper, P; Michelet, F; Stewart, A; Jaydeokar, S, 2022, *Advances in Mental Health and Intellectual Disabilities*, 17(2), 61-72.

Causation, historiographic approaches and the investigation of adverse incidents in mental health care settings (Journal article)

Bhandari S, Thomassen Ø & **Nathan R**, 2022, *Health: An Interdisciplinary Journal for the Social Study of Health, Illness and Medicine*, <https://doi.org/10.1177/13634593221094703>

A study of the implementation of patient safety policies in the NHS in England since 2000: what can we learn? (Journal article)

Wood D, Robinson C, **Nathan R** & McPhillips R, 2022, *Journal of Health Organization and Management*, Vol. 36 No. 5, pp. 650-665. <https://doi.org/10.1108/JHOM-02-2021-0073>

A qualitative study exploring the role of hindsight bias in the process of reviewing clinical practice prior to adverse incidents (Conference paper)

Hadjioannou I, Lewis E.... **Nathan R** (2022) *BJPsych Open* 8, no. S1 (2022): S76–S76. <https://doi.org/10.1192/bjo.2022.254>

Constructing and conceptualizing suicide and self-harm (Book chapter)

Jones S & **Nathan R**, 2022, in *Contemporary Social Problems in the UK*, Stanley S (ed), Routledge

A phenomenological approach to understanding the association between psychosis and violence (Conference paper)

Anderson C & **Nathan R** (2022) *BJPsych Open* 8, no. S1 (2022): S40–S41. <https://doi.org/10.1192/bjo.2022.166>

Do demographic and clinical characteristics influence meeting NICE quality standards for young people transitioning to adult intellectual disability services? (Journal article)

Soper P, Stewart A, **Nathan R**, Nall-Evans S, Mills R, Michelet F & Jaydeokar S, 2022, *Advances in Mental Health and Intellectual Disabilities*, Vol. 16 No. 4, pp. 189-198. <https://doi.org/10.1108/AMHID-12-2021-0051>

A qualitative study exploring the experiences of service users with complex mental health needs (Conference paper)

Saini P, Sambrook L, Balmer A, Roks H, McIntyre J, Martin A, Tait J, Ashley-Mudie P, Shetty A & **Nathan R** (2022), *BJPsych Open* 8, no. S1 (2022): S70–S70. <https://doi.org/10.1192/bjo.2022.240>

A qualitative study exploring the experiences of carers of service users with complex mental health needs (Conference paper)

Saini P, Roks H, Sambrook L, Balmer A, McIntyre J, Martin A, Tait J, Ashley-Mudie P, Shetty A & **Nathan R** (2022) *BJPsych Open* 8, no. S1 (2022): S9–S9. <https://doi.org/10.1192/bjo.2022.240>

The provision of mental health care for people with complex needs who are at risk of suicide (Conference paper)

Saini P, Balmer A, Roks H, Sambrook L, McIntyre J, Martin A, Tait J, Ashley-Mudie P, Shetty A & **Nathan R** (2022), *BJPsych Open* 8, no. S1 (2022): S70–S70. <https://doi.org/10.1192/bjo.2022.241>

A Pilot Study of Service Utilisation Pathways of Patients with Distinct Psychotic and Antisocial Typologies (Conference paper)

Challinor A.... **Nathan R** (2022), *BJPsych Open* 8, no. S1 (2022): S45–S45. <https://doi.org/10.1192/bjo.2022.177>

Music Therapy interventions for Eating Disorders: lack of robust evidence and recommendations for future research (Journal article)

Coutinho E, Van Crielkinge T, Hanford G, **Nathan, R**, Maden, M & Hill R, 2022, *British Journal of Music Therapy*, 36(2), 84-93 <https://doi.org/10.1177/135945752211101933>

Innovations in the psychopathology of schizophrenia: a primer for busy clinicians (Journal article)

Wilson P, Humpston C & **Nathan R**, 2022, *BJPsych Advances* 28, no. 2, 79–89. <https://doi.org/10.1192/bja.2021.3>

COMplex mental health PATHways (COMPAT) Study: a mixed methods study to inform an evidence-based service delivery model for people with complex needs: Study protocol (Journal article)

Saini P, Martin A, McIntyre J, Sambrook L, Roks, Burton S, Balmer A, Shetty A & **Nathan R**, 2022, *PLoS One*, Mar 8;17(3). <https://doi.org/10.1371/journal.pone.0264173>

Reports for family proceedings related to children (Book chapter)

Rix K, **Nathan R** & Rowley K (KC) 2021, In *Rix's Expert Psychiatric Evidence, second edition*, Rix et al (Eds). Cambridge: Cambridge University Press

Reports for criminal proceedings and in prison cases (Book chapter)

Rix K & **Nathan R**, 2021, In *Rix's Expert Psychiatric Evidence, second edition*, Rix et al (Eds). Cambridge: Cambridge University Press

Informing the Development and Evaluation of an Evidence-Based Service Delivery Model for Mental Health Patients with

Complex Needs (Conference paper)

Pooja S, Martin A, McIntyre J, Sambrook L, Roks H, Burton S, Balmer A, Shetty A & **Nathan R** 2021, *International Journal of Technology Assessment in Health Care*, vol. 37, no. S1, 2021, pp. 37–38.

A&E departments need better coding practice for patients in suicidal crisis (Journal editorial).

McCarthy M, Saini P, **Nathan R** & McIntyre J 2021, *British Medical Journal*;375: n2480.

The empirical evidence base for the use of the HCR-20: a narrative review of study designs and transferability of results to clinical practice. (Journal article)

Challinor A, Ogundalu A, McIntyre JC, Bramwell V & **Nathan R** 2021, *International Journal of Law and Psychiatry*

Use of acute psychiatric hospitalisation: a study of the factors influencing decisions to arrange acute admission to inpatient mental health facilities. (Journal article)

Nathan R, Gabbay M, Boyle S, Elliot P, Giebel C, O’Loughlin C, Wilson P & Saini P (2021) *Frontiers in Psychiatry*

Does the advice requested by carers of people who live with dementia reflect the level of commissioned post-diagnostic support? A retrospective evaluation of calls to the Me2U dementia day centre 24-hour advice line (Conference paper)

Nathan, R., Callaghan, S., Walker, K., Mason, A., & Whittington, R. 2021, *BJPsych Open*

The use of coproduction to inform an evidence-based service delivery model for mental health service users with complex needs. (Conference paper)

Saini, P., **Nathan, R.**, Sambrook, L., Burton, S., Roks, H., Balmer, A., . . . Shetty, A. 2021, *BJPsych Open*

Professionals’ experience of the rapid implementation of a remote consultation model of healthcare: A survey of clinicians in the early stages of the COVID-19 pandemic (Conference paper)

Boughdady M, Connah L, Inman J, Jaydeokar S, Marnoch D & **Nathan R** 2021 *European Psychiatry* 64, no. S1 (2021): S97-S98.

Risk of harm to others: subjectivity and meaning of risk in mental health practice. (Journal article)

Nathan R, Whyler J & Wilson P 2021, *Journal of Risk Research*

Assessment of coexisting psychosis and substance misuse: Complexities, challenges and causality. (Journal article)

Nathan, R & Lewis E (2021). *BJPsych Advances*

Mental health and the criminal courts: Fitness to plead, culpability and the defence of insanity (Book chapter)

Nathan R 2020, In *Mental Health and Punishments: Critical Perspectives in Theory and Practice, 1st edition*. Taylor et al, Routledge.

A novel approach to identifying causal factors for risk events: applying the hazard and operability study methodology to mental health services (Conference paper)

Nathan R & Nathan K 2020, *European Psychiatry*, 63(S1), S283–S589.

The clinical assessment of acts of violence: mental mechanisms & subjectivity (Journal article)

Nathan R & Wilson P. 2020, *BJPsych Advances*

Social and Mental Health Predictors of Emergency Department and General Practitioner Usage (Journal article)

Saini P, McIntyre J, Corcoran R, Daras K, Giebel C, Fuller E, Shelton J, Wilson T, Comerford T, **Nathan R**, Gabbay M 2020, *British Journal of General Practice*

Psychiatric assessment of adults in care proceedings (Journal article)

Nathan R, Scarisbrick R & Brown G. 2020, *BJPsych Advances*

A pilot randomised controlled trial of a programme of psychosocial interventions (Resettle) for high-risk personality disordered offenders (Journal article)

Nathan R, Centifanti L, Baker V & Hill J. (2019) *International Journal of Law and Psychiatry*

Mental health, deprivation, and the neighbourhood social environment: a network analysis (Journal article)

McElroy E, McIntyre J, Bentall R, Wilson T, Holt K, Kullu C, **Nathan R**, Kerr A, Panagaki K, McKeown M, Saini P, Gabbay M & Corcoran R (2019) *Clinical Psychological Science*

Real-life clinical decision-making: Examining the role of multiple clinical and non-clinical factors on decisions to admit patients to acute psychiatric units (Conference paper)

Nathan R, Boyle S, Elliot P, & Saini P (2018) *European Psychiatry*, 48S, S448-449.

Serious Offences – Origins and Nature of Serious Violence (Book chapter)

Lennox C & **Nathan R** (2017) In *Forensic Child and Adolescent Mental Health: Meeting the Needs of Young Offenders*, Cambridge University Press

Suicide: Self-harm (Book chapter)

Nathan R, Rix K. (2016) In *Encyclopedia of Forensic and Legal Medicine, second edition*, Payne-James J, Byard R, Corey T, & Henderson C (eds). Oxford: Elsevier.

Forensic Psychiatry and Forensic Psychology: Personality disorder (Book chapter)

Nathan R, Wood H. (2016) In *Encyclopedia of Forensic and Legal Medicine, second edition*, Payne-James J, Byard R, Corey T, & Henderson C (eds). Oxford: Elsevier.

A special case for personality disorder: are the distinctions between personality disorder and mental illness in clinical and legal practice justified? (Book chapter)

Nathan R and Rix K (2016) In *Legal Perspectives on State Power: Consent and Control*, Cambridge Scholars Publishing.

Psychiatric expert evidence and the new defences of diminished responsibility and loss of control (Journal article)

Nathan R and Medland S (QC) (2016) *BJPsych Advances*

Assessment, Formulation and Care Pathways for Individuals on the Autism Spectrum who have Violently Offended (Journal article)

Heffernan S, Brown A, Burns D, Chidambaram A & **Nathan R** (2016), *Clinical Psychology Forum. Special issue: Forensic Psychology*, No 282 (June)

The NHS must manage the unmet mental health needs in prison (Journal article)

Crichton J, **Nathan R** (2015) *The Health Service Journal*, Aug/15

The Beacon: an assessment and treatment service for men with personality difficulties, risk and offending behaviours (Journal article)

Jellicoe-Jones L, **Nathan R** (2015) In, *Interventions in Criminal Justice Volume 2: A handbook for counsellors and therapist working in the criminal justice system* (Ed: Peter Jones). Hove: Pavilion Publishing

Dynamic relationship between multiple START assessments and violent incidents over time: a prospective cohort study (Journal article)

Whittington R, Bjørngaard JH, Brown A, **Nathan R**, Noblett S, Quinn B. (2014). *BMC Psychiatry*

Report of a Pilot Randomised Controlled Trial of an Intensive Psychosocial Intervention for High Risk Personality Disordered Offenders (The ‘Resettle’ Programme)

Hill J, **Nathan R** & Shattock L (2013) *Report to NHS England*

Evaluation of the Youth Justice Liaison and Diversion Pilot Scheme (Report)

Haines A, Goldson B, Haycock A, Houten R, Lane S, McGuire J, **Nathan R**, Perkins E, Richards S and Whittington R (2012) London: Department of Health

Approaches to personality disordered offenders: experiential and empirical lessons from the Forensic Personality Disorder Assessment and Liaison Service (Journal article)

Nathan R, Cramond L, Brown A, McEllin B and Whittington R (2012) *British Journal of Forensic Practice*, 14(4), 281-291

Formulation in Clinical Risk Assessment and Management (Journal article)

Logan C, **Nathan R**, Brown A (2011). In: *Self-Harm and Violence: Towards Best Practice in Managing Risk in Mental Health Services*, Whittington R & Logan (Eds). Wiley-Blackwell.

Antiepileptics for aggression and associated impulsivity (Cochrane review)

Huband N, Ferriter M, **Nathan R**, Jones H. (2010) *Cochrane Database of Systematic Reviews*, Issue 2. Art. No.:CD003499. DOI:

Childhood antecedents of serious violence in adult males (Journal article)

Hill J and **Nathan R** (2008). *Aggressive Behaviour*, 2008 May-Jun; vol 34 (issue 3) : pp 329-38

Best Practice in Managing Risk: Principles and evidence for best practice in the assessment and management of risk to self and others in mental health services (Journal article)

Whittington R, Barr W, Brown A, Leitner M, Logan C and **Nathan R** (Project team) (2007) Department of Health: London.

Staff responses to the therapeutic environment: A prospective study comparing burnout among nurses working on male and female wards in a medium secure unit (Document prepared for the National Mental Health Risk Management Programme)

Nathan R, Brown A, Redhead K, Holt G and Hill J (2007). *Journal of Forensic Psychiatry and Psychology* 18(3): 342-352.

Parasuicide (Book chapter)

Nathan R, Rix K (2005) In *Encyclopedia of Forensic and Legal Medicine*, Payne-James J, Byard R, Corey T, & Henderson C (eds).

The Liverpool Violence Assessment: an investigator based measure of serious violence (Journal article)

Nathan R, Rollinson L, Harvey K and Hill J (2003). *Criminal Behavior and Mental Health* Vol 13, 106-120

Long term psychiatric morbidity and the aftermath of CS spray trauma (Journal article)

Nathan R, Woods H, Rix K. (2003). *Medicine, Science and the Law*, 43, 2, 98-104.

Training implications of community orientated psychiatry (Journal article)

Linsley K, Slinn R, **Nathan R**, Guest L & Griffiths H. (2001) *Advances in Psychiatric Treatment*, Vol 7, 208-215

A 10-year study of the incidence of factors predicting dementia in Parkinson's disease (Journal article)

Hughes T, Ross H, Musa S, Bhattachacherjee S, **Nathan R**, Mindham R and Spokes E. (2000) *Neurology*, Vol 54, 1596-1602.

Problem-Based Psychiatry in a New Undergraduate Medical Curriculum (Journal article)

Nathan R, Gibbs T & Wilson K. (1999) *Psychiatric Bulletin*, Vol 23, 436-439.

Myxoedematous madness and grievous bodily harm (Journal article)

Nathan R, Rix K, Kent J. (1997). *Journal of Clinical Forensic Medicine*, Vol 4, 85-90.

Published letters to editors

Mental health, deprivation, and the neighbourhood social environment: A rejoinder to Eres, Harrington, and Lim

McElroy E, McIntyre J, Bentall R, Wilson T, Holt K, Kullu C, Nathan R, Kerr A, Panagaki K, McKeown M, Saini P, Gabbay M & Corcoran R (2019) *Clinical Psychological Science* (accepted for publication, 11/09/19)

Women patients in medium secure psychiatric units

Nathan R. (2001) *Psychiatric Bulletin*, Vol 25, 485.

The role of scientific psychiatry

Nathan R. (1999) *British Journal of Psychiatry*, Vol 175, 87.

Assessment of suicide risk

Nathan R. (1997) *Psychiatric Bulletin*, Vol 21, 660.

Regional Secure Unit Escapes

Haskayne L, Nathan R, & Parkes J. (1995) *Journal of Forensic Psychiatry*. Vol 6 No 1, 219-220.

NOTABLE RECENT CONFERENCE LECTURES/SEMINARS

Can knowing the cause of death really inform preventive actions? (at the invitation of the President of the Coroners' Society for England and Wales)

Nathan R (2025) *Coroners' Society of England and Wales, Annual Conference*, London, September 2025

Psychosis and substance use: dealing with causal complexity in clinical practice (invited lecture)

Nathan R (2023) *Irish EIP webinar*, Republic of Ireland, June 2023

Investigating serious adverse incidents in complex systems (invited lecture)

Nathan R (2023) *Faculty of Forensic & Legal Medicine 16th Annual Conference*, York, May 2023

Assessment of ASD/Neurodiversity in Detainees (invited lecture)

Nathan R (2023) *Faculty of Forensic & Legal Medicine, Mental Health & Intellectual Disability Day*, February 2023

Why does history repeat itself: can we learn from investigating serious incidents? (invited lecture)

Nathan R (2023) *The British Academy of Forensic Sciences, Kings College London*, February 2023

Developing and delivering innovative training for rehabilitation services

Nathan R (2023) *Joint World Congress of the RCPsych Rehabilitation and Social Psychiatry Faculty and the World Association of Social Psychiatry (WASP)*, January 2023

Subjective representations of risk: a neglected topic in clinical practice and research (invited lecture)

Nathan R (2021), *Faculty of Forensic Psychiatry Annual Conference (Royal College of Psychiatrists)*, March 2021

Subjective representations of risk: a neglected topic in clinical practice and research

Nathan R (2021), *Faculty of Forensic Psychiatry Annual Conference (Royal College of Psychiatrists)*, March 2021

Intersections with mental health capacity and mental health (invited lecture)

Nathan R (2017), *Safeguarding adults: a new legal framework (Economic & Social Research Council)*, November 2017

CONFERENCE PRESENTATIONS

Use of acute psychiatric beds: an evaluation of patient presentations and clinician responses prior to acute psychiatric admissions

Bailey R, Chada A, Riaz S, Byrne A, Odionye C, Bhandari S, Humphreys M, Wilson P & **Nathan R**, 33rd *European Congress of Psychiatry Madrid*, April 2025

An examination of inpatient ward and secondary community care stay costs for individuals with complex mental health needs in the UK

Saini P, **Nathan R** et al (2023) *International Congress Royal College of Psychiatrists Liverpool*, July 2023

The Journey of Service Users with Complex Mental Health Needs: A Qualitative Study

Saini P, **Nathan R** et al (2023) *International Congress Royal College of Psychiatrists Liverpool*, July 2023

A qualitative study to explore clinician decision-making and inform an evidence-based service delivery model for mental health service users with complex needs

Nathan R, Saini P et al (2023) *International Congress Royal College of Psychiatrists Liverpool*, July 2023

Authors in forensic psychiatry series: Dr Najat Kalifa in conversation with Prof Taj Nathan

Faculty of Forensic Psychiatry Annual Conference, March 2022

Historiographic methods to debias serious incident investigations

Bandari S, Thomassen O & **Nathan R** (2021) *Royal College of Psychiatrists Philosophy SIG Conference*, September 2021

Different views on violence risk assessments: risk of harm to others—subjectivity and meaning of risk in mental health practice

Nathan R (2021) *International Congress, Royal College of Psychiatrists*, June 2021

'Risk': a textual and phenomenological analysis to clarify its meaning in clinical practice

Whyler J, Wilson P & **Nathan R** (2020) *Faculty of Forensic Psychiatry Annual Conference, Liverpool, March 2020*

A Qualitative Study of Mental Health Presentations to University Student Support Services

Watson E, Hughes D, Patterson J, Mandara A & **Nathan R** (2019) *Faculty of Child and Adolescent Psychiatry Annual Conference, Belfast, September 2019*

How stable is diagnosis in secure services? An exploratory qualitative study?

Kumar M, Wilson P & **Nathan R** (2019) *Faculty of Forensic Psychiatry Annual Conference, Vienna, March 2019*

Does the mostly commonly used violence risk assessment and management instrument in forensic mental health services have a robust evidence base?

Ogundalu A, Bramwell V, Challinor A & **Nathan R** (2019) *Faculty of Forensic Psychiatry Annual Conference, Vienna, March 2019*

Phenomenology and causal entities in psychiatry

Wilson P & **Nathan R** (2018) *British Society for Phenomenology Annual Conference, Kent, July 2018*

The risk to the clinician of risk management: analysis of recalled and anticipated consequences of decision-making in acute psychiatric scenarios

Nathan R, Boyle S, Elliot P, Saini P, & O'Loughlin C (2018) *Royal College of Psychiatrists, Faculty of Liaison Psychiatry Annual Conference, Liverpool, May 2018.*

Improving identification and engagement in dual diagnosis: addressing conflicting casual narratives about the relationship between substance use and mental illness symptoms

Nathan R (2017) *Royal College of General Practitioners, Managing Drug and Alcohol Problems in Primary Care Conference, London, November 2017*

Exploratory study of approaches to the assessment and formulation of psychotic-spectrum symptoms in routine clinical practice

Wilson P, Williams T, Shaw E & **Nathan R** (2017) *Faculty of General Adult Psychiatry Annual Conference, Gateshead, October 2017.* (Presentation prize winner, Wilson)

The influence of the format of presentation of clinical histories (narrative versus template) on clinicians' ability to recall risk related information

Ahsan T, Washington D, Thorley C, Taylor P & **Nathan R** (2017) *Faculty of Forensic Psychiatry Annual Residential Meeting, March 2017*

The use of acute psychiatric inpatient beds: study of in-vivo clinical decision-making

Boyle S, Elliot P, Saini P, O'Loughlin C & **Nathan R** (2017) *NIHR CLAHRC NWC Dissemination event, Preston, October 2017*

Neuroscientific understanding of personality disorder and diminished responsibility: implications for the psychiatric expert witness

Washington D, Tappin O & **Nathan R** (2015) *Third UK Conference on Philosophy and Psychiatry, Royal College of Psychiatrists, London, Sept 2015*

Prospective Validity of the Structured Assessment of Protective Factors (SAPROF) Instrument for Violence

Whittington R, Bjorngaard J, Brown A, **Nathan R** & Noblett S (2013) *8TH European Congress of Violence in Clinical Psychiatry, Oct 2013*

Serious violence and sensitivity to social attack.

Malik M, Burke A, Hill J and **Nathan R** (2006) *Faculty of Forensic Psychiatry Annual Residential Meeting, Feb 2006.* (Poster prize winner)

Clinical and offending characteristics of offenders subject to Multi-Agency Public Protection Arrangements

Nathan R & Simpson P (2005) *Faculty of Forensic Psychiatry Annual Residential Meeting, Feb 2005.*

Burnout in forensic services

Holt G, Brown A, Redhead K and **Nathan R.** (2005) *Faculty of Forensic Psychiatry Annual Residential Meeting, Feb 2005.* (Poster prize winner).

State-related cognitions and self-directed aggression

Nathan R and Hill J (2004) *National Forensic Mental Health R & D Conference.*

Childhood correlates of serious violence

Nathan R & Hill J (2003). Ethics in Forensic Mental Health Research. *National Forensic Mental Health R & D Programme*. (Poster prize winner)

The Liverpool Violence Assessment - an investigator-based measure of patterns of violence

Nathan R, Rollinson L, Harvey K & Hill J. (2001) *Faculty of Forensic Psychiatry 2001 Annual Meeting*.

Psychiatric sequelae of exposure to CS gas

Nathan R and Rix K (2000). *Faculty of Forensic Psychiatry Annual Residential Meeting*.

The incidence and associations of dementia in Parkinson's disease

Hughes T, Ross H, Musa, Bhattacharjee S, **Nathan R**, Mindham R & Spokes E (1998) *Association of British Neurologists Spring Meeting*.

Effect of interferon beta on mood and suicidality in relapsing-remitting multiple sclerosis

Nathan R, Trigwell P, Ford H & Johnson M. (1998) *Association of British Neurologists Spring Meeting*.

The validity of the Mini-Mental State Examination in Parkinson's disease

Nathan R, Mindham R, Hughes T & Ross H. (1998). *Anglo-Nordic Liaison Psychiatry Meeting*.

A controlled longitudinal study over 10 years of the incidence and correlates of dementia in Parkinson's disease

Hughes T, Ross H, Musa S, Bhattacharjee S, **Nathan R**, Mindham R & Spokes E. (1996/1997) *International Symposium on Parkinson's Disease* March 1997,

Effect of premorbid intelligence on Mini-Mental State Examination

Nathan R, Mindham R, Hughes T & Ross H. (1996) *The Lancet Conference, the Challenge of the Dementias*, No 71, 61.

PUBLIC DISSEMINATION

- **Books**

- **Dangerous Minds: A Forensic Psychiatrist's Quest to Understand Violence** (John Murray, 2021)

- **Podcasts**

- **In Conversation with... Professor Taj Nathan** (*JUSTICE* with prison philanthropist Edwina Grosvenor Season 1, Ep. 84, 2022)
- **The clinical assessment of acts of violence: mental mechanisms and subjectivity**
Dr Nathan speaks with Dr Oliver Gale-Grant (BJPsych Advances podcast)

- **Newspaper/magazine articles**

- **The Power and limits of forensic psychiatry** (*The Guardian*, Aug 2021)
- **Essay** (*The Spectator*, Nov 2018)